

STHS Breast Disease and High-Risk clinic





The team approach

We believe in a personalized approach in providing collaborative management for early detection and cancer care. This collaboration includes coordinating high-risk patient care with the St. Tammany Cancer Center – A Campus of Ochsner Medical Center (STCC) for those who may be high-risk for breast as well as other sites. Recognizing that each patient's case is unique and requires tailored attention, our multidisciplinary team is dedicated to providing exceptional care and ensuring that each patient's individual needs are met. By collaborating closely with our team of specialty providers and navigators we strive to support our patients through every step of their journey, placing them in the right place at the right time.

At St. Tammany Health System, we are committed to not only treating cancer, but guiding patients toward survivorship. Our consistent delivery of exceptional care has earned us the reputation as one of the leading healthcare providers in the region.

STHS Breast Disease and High-Risk Clinic

Our Breast Disease and High-Risk Clinic at the STHS Women's Pavilion offers a range of services for patients who have an elevated risk for developing breast cancer. This includes those with personal or family history of breast cancer, a Tyrer Cuzick Score of 20% or higher, a positive BRCA gene and other risk factors.

Our highly trained team provides multiple services along with those included below:

- Individualized risk assessment and plan of care
- Genetic testing
- Risk-reducing surgeries and medication options
- Routine breast imaging every six months
- Chemoprevention
- Breast exams
- Medical management





What is Tyrer Cuzick Risk Score?

- The Tyrer Cuzick Risk Score is an assessment performed to identify your 10-year risk and your lifetime risk of developing breast cancer which is displayed on your mammogram report. To determine your risk score, we calculate a series of questions regarding your personal and family history. Patients that score 20% or greater are considered to be at a higher risk for developing breast cancer.

High-Risk Clinic at STCC

The High-Risk clinic at St. Tammany Cancer Center – A Campus of Ochsner Medical Center is available for patients who have a personal or family history of cancer.

Personal or family history of:

- Pancreatic cancer
- Ovarian cancer
- Metastatic prostate cancer
- Colon cancer before age 50
- Endometrial cancer before age 50
- Bilateral kidney cancer
- Breast cancer
- Rare cancers
- Ashkenazi Jewish ancestry





Services offered at High-Risk Clinic at STCC

Our highly skilled and dedicated team includes a genetic counselor, medical oncologists, nurse navigators and radiologists.

Our clinic staff will collaborate with patients to offer a personalized, multidisciplinary approach to care that includes monitoring strategies specific to our patient's needs.

Services offered include:

- Cancer screening
- Cancer risk assessment
- Genetic testing and counseling
- Nutritional counseling
- Active monitoring

Locations



Breast Disease and High-Risk Clinic

301 N. Highway 190, Ste. C2
Covington, LA



St. Tammany Cancer Center - A Campus of Ochsner Medical Center

900 Ochsner Blvd.,
Covington, LA

To schedule >>

If you would like more information or to schedule an appointment at one of our High-Risk Clinics, please call **(985) 773-1514**.



StTammany.health